



**BRIGHT
PATHWAY**

Qualification

Level 3 Diploma in Adult
Care



Awarding Body

FOCUS AWARDS

Course Description

The Level 3 Diploma in Adult Care is a qualification for individuals who work in health and social care and want to develop their understanding of professional care practice. In many care roles, workers support adults with daily routines, wellbeing, and independence. Because of this, workers need to understand areas such as communication, safeguarding, and person-centred care.

The diploma in adult care level 3 looks at how care workers provide support while respecting dignity, privacy, and the individual needs of the people receiving care. Learners explore how care workers communicate with individuals and families, follow care plans, and contribute to safe and supportive care environments. Many learners complete the level 3 diploma in adult care while working in residential care, community care, or support services. Others choose the level 3 diploma in adult care course after starting work in the care sector so they can build their knowledge and understanding of professional practice.

The Level 3 Diploma in Adult Care RQF is a competence-based qualification. This means learners must demonstrate both knowledge and practical skills while working in a real care environment. Furthermore, because of this, learners usually complete the level 3 diploma in adult care online or through flexible learning while working or volunteering in a care setting.

Course Structure

Unit 1: Promote communication in care settings

Unit 2: Promote effective handling of information in care settings

Unit 3: Promote personal development in care settings

Unit 4: Promote person-centred approaches in care settings

Unit 5: Promote equality and inclusion in care settings

Unit 6: Promote health, safety and wellbeing in care settings

Unit 7: Responsibilities of a care worker

Unit 8: Duty of care in care settings

Unit 9: Safeguarding and protection in care settings

Optional Units:

Unit 10: Understand mental well-being and mental health promotion

Unit 11: Understand mental health problems

Unit 12: Understand sensory loss

Unit 13: Understand models of disability

Unit 14: Understand the diversity of individuals with dementia and the importance of inclusion

Unit 15: Understand physical disability

Unit 16: Understand the process and experience of dementia

Unit 17: Understand advance care planning

Unit 18: Understand the factors affecting older people

Unit 19: Introduction to personalisation in social care

Unit 20: Understand theories of relationships and social networks

Unit 21: Purpose and principles of Independent Advocacy

Unit 22: Understand the administration of medication to individuals with dementia using a person-centred approach



Assessment

Assessment for the Level 3 Diploma in Adult Care RQF is completed through a combination of written assignments and workplace-based evidence. Learners complete assignments to demonstrate their knowledge and understanding. Their practical skills are assessed in the workplace through witness testimony where a supervisor or experienced colleague observes the learner in their role, confirms competence in routine tasks, and completes the form to support the assessment.

Duration

The Level 3 diploma in adult care online programme is delivered through flexible learning. Most learners complete the level 3 diploma in adult care within 12 months, depending on their work schedule and the time required to collect workplace evidence. Access to learning materials and tutor support usually remains available for 12 months from enrolment.

www.brightpathway.co.uk

Our Process



1 Choose & Pay for Your Course Online

Select your desired course and payment method online. Opt for either full payment or convenient monthly instalments with our standard or fast track plan. Complete your payment after filling out the application form.

2 Fill Out the Enrolment Form

After payment, you will be prompted to complete the enrolment form. This form gathers all necessary details required for your registration with the awarding body.

3 Access the VLE – Moodle

Start your course on our user-friendly Virtual Learning Environment (VLE) – Moodle. Here, you'll find all the resources you need to succeed. Your dedicated tutor will guide you through the process, providing valuable feedback on every step.

4 Submit Assignments & Receive Feedback

Engage in the learning process by submitting assignments through the VLE. Your assigned tutor will provide constructive feedback to help you refine your work and make progress in your studies.

5 Successfully Complete Assignments

Work diligently to complete all required course components. Your commitment and effort will contribute to your success in the program.

6 Obtain Your Accredited Certificate

Upon successfully completing the course, you will receive an OFQUAL-regulated qualification. This accredited certificate recognises your achievements and signifies the fulfilment of your educational goals.